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Savor the Super Supply

Dr.Ezekiah Francis

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HEALTH
Hygeine -Part 4

Rev.Benita Francis



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Heart Talk

E . D . I . T . O . R . I . A . L



Dear precious saints of God,

Joyful greetings in the glorious name of Jesus.

I am happy to keep in touch with you. Thank you for your constant encouragement.

Thank you for all your ardent prayers. Truly, you have prayed for us without losing heart and also without ceasing. Your prayers help me run the race with all vigor, irrespective of the challenges. Thank you for remembering us every Monday. I am sure God, who sees in the secret shall reward you openly for being a faithful prayer partner.

Thank you for your generous and sacrificial offerings. Without your support, I am sure the ministry would not have reached this high. Many of you gave liberally amidst your pressing needs. Our God is no man's debtor. He shall surely repay you a double fold.

We had our Fasting Prayer at Jesus Garden, Theni from the 13th to the 15th of January 2011. About three thousand people participated from various districts of Tamilnadu and also from other states of India. God gave an awesome revelation about keeping the power of our thoughts. Many were blessed. Pray that I should write a book on that topic very soon.

I am planning to spend more time in writing. I have a deep burden to invest all the truths that the Lord taught me to the future generation. It took years for me to learn them. I am happy to impart it to the Timothy's, my sons and daughters in Christ. I expect your tireless prayers for the same.

Please keep praying for our building project. Pray that everything must be completed quickly and excellently. We are constantly updating you about the progress. Thank you for all your sincere prayers and pinching offerings towards the project. You will surely receive your rewards according to a prophet.

The Signs and Wonders Seminar is coming up in the month of February 2011 from the 22nd through the 26th at our Poondi Campsite. So, hurry up and register immediately.

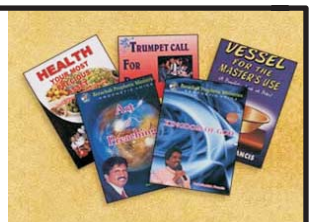
May God bless you with a double portion of all that you have lost! Continue to pray for my wife, parents, family, counselors, key leaders, coordinators, partners and staff. May God do exceeding abundantly more than you ask, pray or imagine !

Your brother in Christ,

Ezekiah Francis

Ezekiah Francis

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Savor the Super Supply

A PROPHETIC INSIGHT BY

Prophet Ezekiah Francis

In Christ, you have a tremendous supernatural supply at your fingertips. There is absolutely no need for you to suffer lack.

And the LORD said to Moses, "Has the Lord's arm been shortened? Now you shall see whether what I say will happen to you or not." (Nu. 11:23)

So they all ate and were filled, and they took up twelve baskets full of the fragments that remained. (Mt. 14:20)

In Christ, you have a tremendous supernatural supply at your fingertips. There is absolutely no need for you to suffer lack. You are connected to the richest God of heaven and earth. All the cattle on a thousand hills are His. All the silver and gold of this world is His (Ps. 50:10). He is the Owner of the vegetable kingdom, animal kingdom, metal world and everything. He can do anything for you at any time as He wills. He delights in giving you over and above your need. He wants you to live in surplus and plenty. If you know the power of your God and His good will toward you, you will never have any lack. This is beautifully pictured in today's scripture.

The right way to supply:

God has given you keys to unlock His riches. He promised unlimited blessings in answer to your prayers (Mt. 7:7). Constant meditation of the Scriptures makes you prosperous in whatever you

do (Jos. 1:9; Ps. 1). Heading His word makes you rich (Ps. 81:13-16). A thankful heart releases the miracle of multiplication (Mt. 15:36; Jn. 6:11). Sowing faith seeds gives you a rich harvest (Lk. 6:38). Confession of what you possess in Christ unleashes His riches. Just delighting yourself in Him is enough to give you all your heart's desires (Ps. 37:4)! All these are your birthright in Christ. If the Israelites had used any of these means, they could have had enough quail for all their journeys. Yet alas, they couldn't trust and ask God for supply but used wrong means.

The wrong way to supply:

The worst way to receive anything from God is to complain and grumble. Sometimes, God in His anger may give you what you craved for. That is the most dangerous thing that could happen to you. In the wilderness, the Israelites always complained for every lack and reaped self-destruction. They are God's covenant-people who foreshadow you, God's new creation. God purposely recorded this for you to warn you about the seriousness of complaining. Instead of getting their provisions in the right way, they mostly used this wrong way. They got what they wanted, but they could never enjoy it!

God heard the weeping and complaining of the Israelites and supplied them with miracle-quail



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more than they needed. Since we have already seen the horror of complaining, let us focus on the super-supply-power of our God today!

The biggest hunt in history:

It will greatly boost your faith if you just ponder how much meat God supplied for the Israelites in the desert. A miracle-wind brought the miracle-quails from the sea, and billions of quails were left fluttering all around the camp about three feet above the ground, a day’s walk in any direction. Two days and one night, around thirty million people (not only the 600.000 men of war) gathered the quails. The least of them could gather at least 2,2 kilo-liters. One author counts it as 20.160.000.000!?!?! Imagine the super-abundance of God’s provisions! The One who feeds the birds of the air and clothes the lilies of the field is your Daddy God (Mt.6:25-30)! Your family is the richest family on this planet! Why should you suffer lack?

Question answered with a question:

When God promised a whole month’s supply of meat for the entire congregation, even Moses, the one who had seen so many of God’s mighty miracles, couldn’t believe it. He dared to

question God’s ability by saying, “Shall flocks and herds... all the fish of the sea be... enough for them?” (Nu.11:22). It is exciting to hear many answers of God in form of questions. He eternally erased the questions of all human beings by His one question: “Has the Lord’s arm been shortened? Now you shall see whether what I say will happen to you or not” (Nu.11:23). Indeed, not only Moses and the millions of Israelites, but generations down through the centuries have seen that His Word shall come to pass, no matter how impossible it seems!

Beloved, your God’s arm is not too short to provide for you, heal you, save you, and answer you (Isa.59:1)! If He was so liberal with His servants, the Israelites, how much more will He be to you, His beloved, precious Blood-bought child! Don’t you know all things are yours in Christ - the world, life or death, present or future - all are yours! You are Christ’s, and Christ is God’s (1.Co.3:21-23). The moment you put your trust in Christ, you are one with Him. All His is yours (Lk.15:31)! Why complain!?! Shout praises TODAY!

Thank You, Lord, Your arm has not been shortened. Now I shall see that what You say will happen to me. The world is Yours, and all its fullness. I am always in You, and all that You have is mine because I am in Christ.
Nu.11:23; Ps.50:12; Lk.15:31

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LET'S TESTIFY!

Saved from Intoxication

I am saved by God Almighty. My life was full of intoxications and God saved me, returns my honor. I was drinking alcohol 24 hours a day and now I left everything by the grace of our almighty God
- Arpreet Singh, Amritsar

Blessed By TV Program

Dear Bro, I am very much blessed by watching your TV programmes in Blessing TV everyday. It is really refreshing especially after a hard day at work. Can you please increase the time duration to 1 hour so that we can still more enjoy the goodness of our Lord. Its just a small desire anyway. Continue to pray for me and my family. Thanks and God bless you Bro.
- Shoba Praba, Chennai

Prayer answering God

I requested for a prayer for my son's studies. Now he has better changes in his studies. All laziness gone away in the name of Mighty God Jesus Christ. Thank you very much for pastor's support and prayer.

Please pray for me to fast at least one day in a week for my son.
- Mini James, Bahrain

Signs and Wonders Seminar

I thank God for bringing me to the signs and wonders seminar. I thoroughly enjoyed the seminar. I was blessed and excited very much. God delivered me from all fears, worries, unbelief and doubt, and set me free totally. He healed all my wounds completely. He washed me and cleansed me from all sins and gave me a new heart. Not only that, He also healed my mind and filled me with His anointing. I give all glory and honor to God.

Divine Deliverance

My name is Moses Sukumar. I attended the signs and wonders seminar. God delivered me totally from all kinds of evil spirits that tormented me. Now my financial condition has also changed miraculously. My wedding is also fixed with Mary and we are going to get married soon.
Kakinada



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HYGIENE PART 4

House flies

Even the house fly is a major health risk! It is a carrier of numerous disease organisms like salmonella food poisoning and infantile diarrhoea. In India, you can see them on the decaying rubbish and on animal carcasses on the streets. From there, they come into your kitchen and sit on your food items! Imagine! They carry millions of harmful germs on tiny hairs on their feet and happily wander around on your food and vessels! Can you allow it? No way! Put mosquito mesh on your windows. Use fly traps like sweet, sticky tapes that you can hang in your windows. Put narrow-necked bottles with a bit of very sweet juice in different places of your house. Flies will smell the sweet, want to get to it, fall into the bottle and drown in the juice. I have seen Indian kitchens almost black with flies in certain seasons of the year. Don't allow this health threat for your family! Ask the Holy Spirit for ideas. He will definitely teach you how to keep yourself and your family clean and healthy!



Cockroaches

If you see one cockroach in your house, you must take quick action! Roaches can adjust to any life conditions and multiply faster than you could imagine. Killing cockroaches is not an easy thing, though. If you squeeze them, you might squeeze hundreds of eggs out of one female, which can turn into hundreds of baby cockroaches if you don't clean up the "murder scene" very diligently! As always, it is best to close all the inroads. A little prevention is better than the biggest cure! Roach sprays are very strong poisons that attack the nervous system. If you need to spray your house, do so before leaving for a few days, and make sure all food items are safely stored away from the reach of the spray.

Cockroaches spread diseases like enteric fever, gastroenteritis, intestinal infection, food poisoning, diarrhoea etc. by cross contamination of food surfaces. They thrive and feed on fecal matters, so you surely don't want them around your house! As with all these pests, strict cleanliness is your very best defense. See the command of your Creator: "The flesh that touches any unclean thing shall not be eaten. It shall be burned with fire. And as for the clean flesh, all who are clean may eat of it" (Lev.7:19).

Ants

Although it is not clearly established if ants carry diseases that could be dangerous for humans, they definitely destroy our peace of mind, spoil our sleep and can cause damage by infesting food items. Again the only time in my entire life, I have been bitten in my lips and mouth during my sleep - guess where? Correct, in India! The family assured me

there was no way to exterminate these little red ants since the house “had been built on an ant hill”. They lavishly used ant powder, a poison that seriously affects the respiratory system, but to no avail. You know how I DID get them out? By cleaning - cleaning - cleaning, a little roach chalk and some good spiritual warfare at 4AM one morning! You CAN get rid of any kind of torture of humanity if you only decide to rebel against it! As long as you remain passive, you will never win! The violent TAKE the Kingdom of God by force, and His Kingdom is righteousness, peace and joy in the Holy Spirit, not sickness, torment and itching (Mt.11:12; Ro.14:17)!!! So take action today itself! You will be rewarded with good sleep and a healthier brain and body!

Worms

In Western nations, we love to eat salads and fresh, raw vegetables for vibrant health. In India, however, this poses a major health risk because of the omnipresence of all kinds of worms and their eggs. These worms live in your intestines and multiply by the millions to infect other victims. They feed on whatever you eat, preferably on sweets, and steal precious nutrients from your food. You can eat all the best nutrients, but you will not get strong and healthy. Your worms will just multiply even more! They will enjoy all your best food and leave you still undernourished!

The tablets used to clear worm infection have severe side effects like body pain and stiffness, mood changes, depression and all the way up to neurological problems like disturbances in vision and even epileptic seizures! Don't you think a little cleanliness to avoid all these tortures is worth while?!

Amoeba

Amoeba are parasites that enter your body through food or water that had contact with human feces. Amoebiasis is an infection of the large intestine produced by the parasite *Entamoeba histolytica*. About 10% of the world population is infested with amoebiasis. The majority of this number comes from India, where about 75% of the population suffers from this condition because of the poor hygienic status of the general population! Imagine! The ingested cysts disintegrate in the small intestines and wander into the large intestine where they live in the lumen and feed on bacteria and debris. They produce ulcers, severe colitis, gastroenteritis, bloody stools, diarrhea, severe stomach and intestine cramps, fever and life-threatening dysentery. Sometimes they eat their way through the intestine walls and produce leaky gut syndrome, Crohn's disease as well as liver, lung and brain abscesses. Once again, strict hygiene is the only protection from such tortures of mankind.

News Zone

Tomato nutrient can stall vascular diseases:

Tomatoes contain a nutrient which could tackle the onset of vascular diseases. Research reveals that an extracted compound, 9-oxo-octadecadienoic, has anti-dyslipidemic effects

Insect meat may help lessen climate change:

Insects produce much smaller quantities of greenhouse gases per kilogram of meat than cattle and pigs. The rearing of insects could contribute to more sustainable protein production and replace conventional meat

Cassava can address Vitamin A deficiency:

There has been considerable effort aimed at biofortification; that is, increasing the amounts of available micronutrients in staple crops such as cassava, eaten in many of the world's arid regions, to address Vitamin A deficiency

Manmohan promises to “cleanse” governance:

In a gesture to the growing public disenchantment over scams and corruption in public life, Prime Minister Manmohan Singh's New Year resolutions for 2011 include “cleansing” the country's governing processes.

New immunisation outreach programme in select areas :

CHENNAI: Following charges of a drop in immunisation coverage and delayed immunisation, the government has decided to introduce an outreach programme in select areas, with Village Health Nurses (VHNs) taking the vaccines to children.

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